EU-CONEXUS PhD Summer School in Open Science



PRACTICAL GUIDE





European University for Smart Urban Coastal Sustainability



Co-funded by the Erasmus+ Programme of the European Union

Arrival

RECOMENDATIONS ON HOW TO ARRIVE TO VALENCIA FROM THE AIRPORT:

-Taxi: there's a taxi stop on the airport,

- Journey till city center: on normal day, 15-20 minutes,
- <u>Price</u>: around 25€, night fare is higher
- Taxi apps: Cabify and Freenow

Taxi in Valencia is white, and has a light above; green means taxi is free, red means is occupaid.



Inside all public transportion (taxi, bus, subway) is mandatory to wear facemask. As well as inside hospitals and pharmacies.

-Subway (metro) and tram: the subway station is inside the airport,

- Journey till city center: 25 minutes journey,
- <u>Price:</u> 4,80€ (ABC zone) and you will get a rechargeable card (Sunday is free)
- <u>Schedule:</u> on weekdays between 5:47 am 12:28 am, every 15 min., on weekends and holidays, 7:08 am 02:00 am, every 20 min.

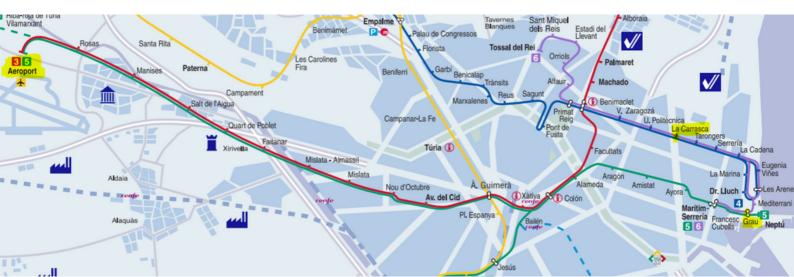
Inside the airport, follow the logo of MetroValencia. <u>https://www.metrovalencia.es/page.php?idioma=_en</u>



City center stops: 'Angel Guimera', 'Xátiva', 'Colón'

For arriving to the university residence Galileo Galilei: take the metro line 3 and switch the metro at 'Benimaclet' and get on the metro line 4 or 6 and get off at 'La Carrasca'. You can get there with the same ticket. (station marked on yellow below)

If you arrive at the train station, located at the city center, you have a subway station at 'Jesus' and 'Xátiva'.



Public transportation



BUS, URBAN AREA

Valencia has a big network of buses. These ara red-coloured. Bus number C1 and 28 are the closest ones to the UCV. Some buses run at night, until 2.30 am. At the app you can find the stops and timings: <u>https://play.google.com/store/apps/details?</u> id=es.emtvalencia.emt&hl=es&gl=US

Price/Fares:

- Single ticket, 1,50€, can be easily buy inside the bus, better to have exact amount.
- EMTicket electronic ticket by an app <u>https://play.google.com/store/apps/details?</u> id=com.justride.emtvalencia&hl=es&gl=US
- SUMA 10: 10 tickets for <u>bus and metro</u>, with a rechargable paper card +1€, and up to 90 minutes of transfers for free. Fare depends on the zone, university zone is A, airport zone is C.

A zone 8€, AB zone 12€, ABC zone 20€

 SUMA T+: Individual ticket ABC zone, unlimited travel for 24, 48 or 72 hours for <u>bus</u> and <u>metro</u>. The titles may be recharged or extended. Recommended for visitors. T1+ 8€ (24 hrs), T2+ 10€ (48 hrs), T3+ 12€ (72 hrs)



METRO VALENCIA

Valencia has several lines, and has two diferent types: metro (subway) and tram. The metro map is easy to follow. Ticket is validated at the entrance and at the exit. University and city center zone is A, airport zone is C. <u>On July sundays MetroValencia is free of charge.</u>

Price/Fares:

- One way ticket, A zone 1,50€, AB/BC zone 2,80€, ABC zone 4,8€
- SUMA 10
- SUMA T+



VALENCIA TOURIST CARD

With the Valencia Tourist Card you can travel on the bus, metro and tram. The card can be used for 24, 48 or 72 hours. Is a physical card, to which during the purchasing process you must decide how you wish to receive it. Delivery to an address, delivery to your hotel or free collection from our TOURIST OFFICES.

More info here https://www.visitvalencia.com/en/valencia-tourist-card

🕋 VALENBISI - LOCAL BIKE NETWORK

On the Valenbisi Official app or on the website, create an account and choose a plan for yearly or weekly (7days) use. Identify on the app, display the list of nearby stations with the number of bikes available. <u>https://www.valenbisi.es/en/home</u>

Location and map

ACCOMMODATION (1)

<u>Residencia Universitaria en Valencia Galileo Galilei - University Residence</u> De los Naranjos Avenue, 46022 Valencia (España) <u>https://goo.gl/maps/9Z3NqnLiwefFM8HL9</u>

Inside the campus of the Politechnic University of Valencia, and close to the Las Arenas beach.

FIRST DAY - LA MARINA VALENCIA (2)

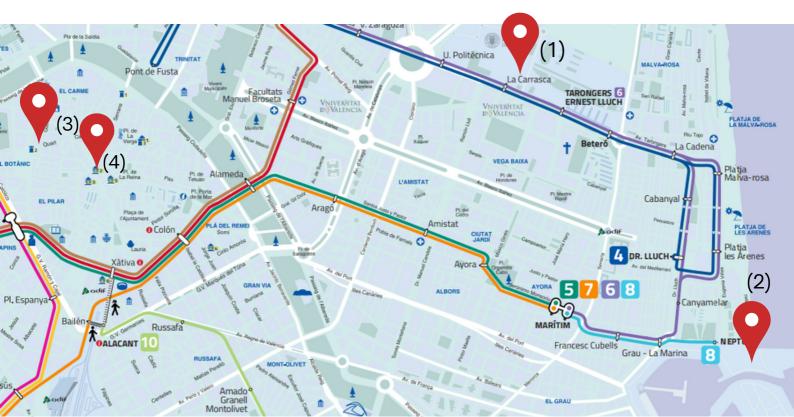
<u>Monday 18/07 - Veles i Vents building, in La Marina Valencia</u> Veles i Vents building, 46024 Valencia (España) <u>https://g.page/veles-e-vents-valencia?share</u> Between the port of Valencia and the Malvarrosa beach.

CAMPUS VALENCIA (3)

<u>Tuesday, Wednesday, Thursday and Friday 19-22/07</u> <u>Catholic University of Valencia, sede Marqués de Campo</u> De la Corona street, 34, 46003 Valencia <u>https://goo.gl/maps/RSVLcfNXkuEnkxZK7</u> City center.

CLÍNICAS UCV (4)

<u>Medical Clinic of the UCV -</u> Ciutat de Bruges Square 6, 46001 Valencia <u>https://goo.gl/maps/6F2oD8LkeaPpLCFAA</u> Fast PCR and antigens test



Food and drinks nearby the beach

Through the beach walk you will find several restaurants, terraces and drink places. Some ideas are:

LA MARINA BEACH CLUB

A combination of beach, sun, pool, fun, dj's, music and varied food for all tastes in what is set to be the best beach club in the Mediterranean. <u>https://goo.gl/maps/yBYReN47hA2KyBUF9</u>

LA FÁBRICA DE HIELO

The Ice Factory is a creative space, with a cultural and leisure offer, drinks, coffee and food. <u>https://goo.gl/maps/oqGDdieAdkA9sgdJA</u>

MERCABAÑAL

Mercabañal is a large space, with several high terraces. A great gastronomic offer, with a wide range of beers and crafted beers. A relaxed and friendly space where you can enjoy at any time of the day. Closed on mondays. <u>https://g.page/mercabanyal?share</u>

PANS & COMPANY

An offer of food with good quality price. Most of the food is 'bocadillo', a very typical food. You can find coffee and frappes too. <u>https://goo.gl/maps/SShF5L7WiKR3rSLw5</u>



Food and drinks nearby the university

At the university area, Marqués de Campo at De la Corona Street, you can find several places to eat and drink some coffee, since it's very close to the old town. Some recommendations are:

ETHNOGRAPHY MUSEUM COFFEE

The closet place of the UCV, door by door. Inside the museum there's a very nice cafeteria with a terrace and affordable prices for food and coffee. <u>https://goo.gl/maps/xuEA7v2qiaiHN6d16</u>

LA LLUNA - vegan & vegetarian

Good quality price relation. <u>https://goo.gl/maps/oqGDdieAdkA9sgdJA</u>

CAFETERIA MOMENTS

Small and very nice place for coffee and food. <u>https://goo.gl/maps/51GyPu8LWLGKNxQx6</u>

BAR RESTAURANTE CONVENTO

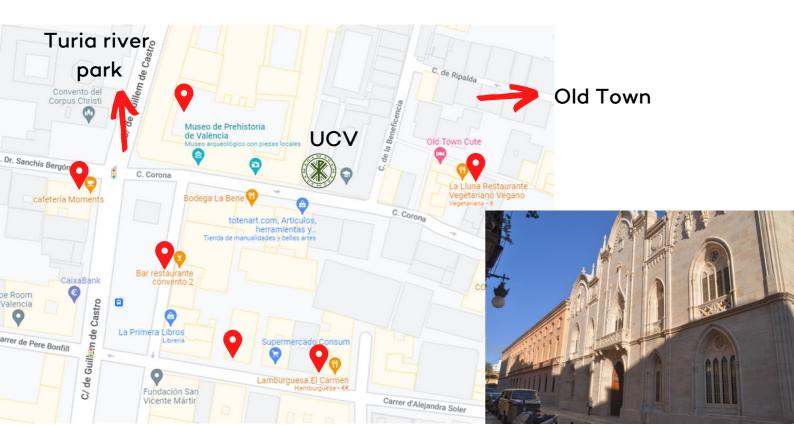
Affordable place with a big terrace. <u>https://goo.gl/maps/dkNULmNiNF3yZKf5A</u>

MORI MORI SUSHI

Sushi place for more variety. https://goo.gl/maps/395aYoVLqHoZ9FUu6

LAMBURGUESA EL CARMEN

Burguer and fast food. https://goo.gl/maps/5k4cqN2ckjdw2keo9



Food and drinks nearby the residence

Inside the university residence and the university campus, there are several places to eat. Around the area, student area, you can find other places very affordable. You can arrive easily to the beach by tram, and by bus or walking to the student area of restaurants and bars.

Some recommendations are:

HONDURAS SQUARE

10 min. walking from the residence, and you can find a wide range of places. <u>https://goo.gl/maps/2VuvsnbwW5DUQawx7</u>

XÚQUER SQUARE

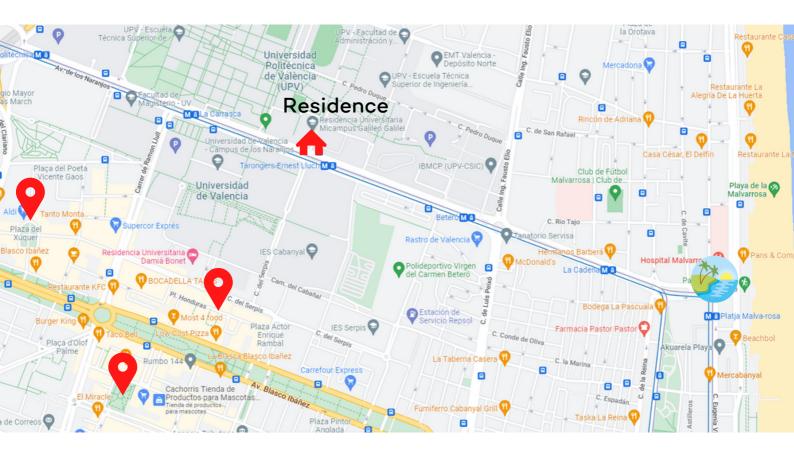
15 min. by walking from the residence. <u>https://goo.gl/maps/r7TnSyG4xCqjDh929</u>

CEDRO SQUARE

Small and very nice place for coffee and food. <u>https://goo.gl/maps/t64EQM41GYxLDBCP7</u>

MALVARROSA BEACH

You can arrive easily by tram in 5 minutes.



Main Monuments

Ciutat de les arts i de les ciencies / Santo cáliz / Mestalla / Mercado Central / Plaza de la Reina / El Río

CIUTAT DE LES ARTS I LES CIENCIES

Arts and Sciences City, futuristic complex of buildings. <u>https://g.page/CACIENCIES?share</u>

MESTALLA STADIUM

If you are a fan of football, check this: <u>https://goo.gl/maps/kQJNSNsDX2uioEaV8</u>

MERCADO CENTRAL

Central market, an emblematic with beautiful architecture where you can find all sorts of fresh food. Get inside and try one their fresh juices. <u>https://goo.gl/maps/aGBoXmJqGQ1wb2X16</u>

PLAZA DE LA REINA

Another great sightseeing: <u>https://goo.gl/maps/oHvySgN43dhG7DdA9</u>

CATHEDRAL, MICALET AND HOLY CHALICE

Architecture and a holy relic: <u>https://goo.gl/maps/q8vn8z8nkkViGvuY8</u>

TURIA RIVERBED

The Central Park of Valencia, a park that goes through the city

And many other beautiful things that you can discover at Visit Valencia webapge: <u>https://www.visitvalencia.com/planifica-tu-viaje-a-valencia/oficinas-de-turismo-valencia</u>



Cultural agenda

FLAMENCO LIVE AT CAFÉ

WHEN: Every Thursday at 9:30 p.m., Friday & Saturday at 10:00 p.m., Sundays at 8:00 p.m WHERE: at the Café del Duende in Valencia (Turia Street 62)

PRICE: The price per show is 10 euros and includes a drink (beer, soft drink or sangria). You can check the program of performances on the website <u>www.cafedelduende.com</u>

VALENCIAN ART EXHIBITION

WHEN: From Tuesday to Sunday: from 10.00 - 14.00 and from 16.30 - 18.30. WHERE: Bancaja Foundation, Plaça de Tetuan, 23 PRICE: 4€

A spectacular exhibition of painting, with great Valencian masters, Pinazo, Sorolla and Mongrell.

'EMERGENCY ON PLANET EARTH' EXHIBITION

WHEN: Tuesday to Sunday from 11.00 - 21.00 WHERE: Centre del Carme de Cultura Contemporània, Museo Street, 2 PRICE: Free Through gigantic murals, original sculptures and peculiar installations, the exhibition shows how the intervention of the human hand can harm the environment.

LIFE WINS' ART AT THE BOTANIC GARDEN

WHEN: Monday to Sunday 10.00 - 21.00 WHERE: Botanic Garden, Carrer Quart, 80 PRICE: 3€

This exhibition invites the public to imagine a more sustainable, beautiful and inclusive future, and encourages them to build a much more colorful and joyful tomorrow.

SPECIAL CINEMA 'HEMISFERIC'

WHEN: evenings, sessions in english also, special session 21 July at 20.00
WHERE: Ciutat de les Arts i Les Ciences
PRICE: 8,70 €
Ocean Blue Planet, Universe sky ... several projections at this interesting cinema.
More info <u>https://www.cac.es/en/hemisferic/cartelera.html?o=1&d=18-07-2022</u>

THE BIG NIGHT SUMMER FESTIVAL

WHEN: 23 July Saturday WHERE: City center (1) Plaza del Ayuntamiento (2) Plaza del Pilar (3) Plaza de la Virgen PRICE: Free Parade, music, dance, cultural offer at the streets, check the programme

https://granfiravalencia.com/en/what-to-do-in-valencia-july-summer

General information on Valencia, Spain

SOCKETS

As most European countries, Spain uses the standard European (round-pronged) plugs for sockets of Type C and F, with a standard voltage of 230 V and standard frequency of 50 Hz.



WEATHER

Valencia has a borderline humid subtropical and Mediterranean climate, meaning that its summers are warm and humid. July is one of the hottest months in Valencia, with an average temperature of around 28 °C (» 82°F) and the most sunshine hours per month, and the least precipitation and lowest humidity. Sea temperatures are also often above 20 °C (» 68°F).

Sun has been irradieting damaging UV, be cautious.

CURRENCY

As part of the European Union, Spain use the euro €.

LUNCH AND DINNER

The sheedule for meals at restaurants are: Breakfast: 8/9 till 12.00 Lunch: 13.30 till 16.00 Dinner: 20.30 till 22.30

At the bar you can find always some 'tapas' o 'bocadillos' and drinks, and the cafeterias are usually open till 18.00.

International food franchises and fast food are always open.

The coffee is usually taken hot, not iced coffee nor frappe.

Café solo: expresso	Bombón: expresso with condensed milk
Café largo: expresso lighter	Café del tiempo: expresso with a glass of ice
Café con leche: coffee with milk	Carajillo: expresso with some liquor
Cortado: expresso with some milk	<u>Cremaet: *typical valencian, Try it!</u>

Code of conduct

All participants (i.e., experts, speakers, mentors, students, staff, attendees, exhibitors, etc.) should have the opportunity to enjoy and benefit from all Summer School events and activities. Thus, the organizers are committed to providing at all times a friendly, comfortable, safe, supportive, and harassment-free environment for all participants, regardless of sex, gender, age, sexual orientation, physical appearance, disability, race, ethnicity, religion, or any other group identity. As such, Summer School welcomes diversity and plurality. To provide such an environment, cooperation is expected from everyone, and organizers and staff will actively enforce this code of conduct throughout all events and activities. Violations will not be tolerated and are taken seriously.

What should Summer School participants value?

Appropriate and expected behavior largely follows from core values and principles that underlie all EU-CONEXUS Summer School events and activities. There are:

- Diversity
- Equity
- Inclusion
- Free expression of ideas

It may be at times difficult to balance these values and principles (e.g., free expression of ideas may interfere with equity and inclusion), but nonetheless every effort should be made to reconcile and uphold them.

What is generally expected behaviour?

We seeks to provide an environment in which all participants may learn, network, and enjoy the company of each other with mutual respect. All participants thus have a shared responsibility to create and hold that environment for the benefit of all. More specifically, participants are expected to:

- communicate professionally and constructively, whether in person or virtually
- frame discussions as openly and inclusively as possible
- make everyone feel safe and welcome so as to facilitate inclusion and community-building
- be aware of how language or images may be perceived by others
- be open to others' perspectives and alternate points of view (even if not aligning with one's own)
- handle any dissent or disagreement with courtesy, dignity, and an open mind
- provide constructive and respectful feedback
- share any information and experiences in person, virtually, or via public communication responsibly (and distinguish individual and/or group opinions from facts)

What is unacceptable behaviour?

The inverses of the expected behaviors above are, by definition, unacceptable for a healthy environment. However, there are additional behaviors that we explicitly point out here as being particularly problematic and thus prohibited:

- Physical, verbal, sexual, or any other form of discrimination, harassment, intimidation, threat, or abuse in person, in writing, or virtually based on sex, gender, age, sexual orientation, physical appearance, disability, race, ethnicity, religion, or any other group identity
- Sustained disruption of speakers and workflows
- Intoxication

Critical examination of beliefs and points of view does not, by itself, constitute hostile conduct or harassment. Similarly, use of sexual imagery or language in the context of a professional discussion (e.g., about individual differences in sexuality) do not constitute hostile conduct or harassment if it is necessary to the topic of discussion and presented respectfully.

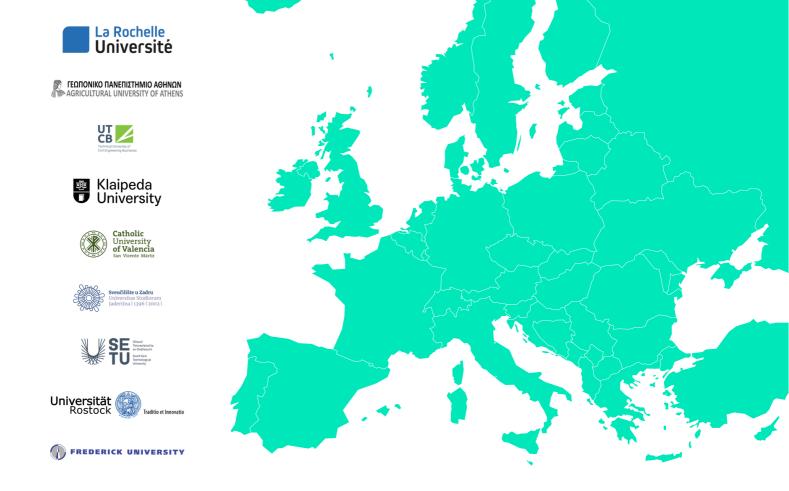
Alcohol may not be brought into Summer School premises, but can be available at evening social networking events and may be consumed only by those of legal age (21 years in the US, mostly 18 years in Europe). Alcohol at Summer School events will only be distributed by commercial hosts (e.g., restaurants, cafes bars) following local and state statutes, which may include limiting consumption. Because excessive alcohol leads to impaired decision-making, intoxication should be avoided at any point during Summer School.

What are the consequences of unacceptable behaviour?

If an attendee engages in any unacceptable behavior, the organizers and staff will determine and carry out the appropriate course of action, including warning the offender, expulsion from Summer School with no refund, and/or banning the offender from future events and activities. Participants who are asked to stop any unacceptable behavior are expected to comply immediately. If this is not the case or if the unacceptable behavior is deemed too severe, then organizers and staff retain the right to take any actions to keep the event a welcoming environment for all participants.

What should I do in case of problems?

If you perceive any violations or unacceptable behaviour towards you or others (physically present or not) or have any concerns or questions, please do not hesitate to contact us immediately or as soon as possible. Concerns and names will be held as confidential and anonymous as wished. All occurring matters shall be handled as swiftly as possible.



The European University for Smart Urban Coastal Sustainability (EU-CONEXUS) is a transnational European higher education and research institution that covers smart urban sustainable coastal development from a global point of view, relying on an interdisciplinary, trans-sectoral and transnational approach.

The competitive advantage of EU-CONEXUS is based on the identified thematic orientation of its educational programmes, research areas and its comprehensiveness that is achieved by joining forces and assembling the complementary expertise of the partner universities and associated partners.

EU-CONEXUS opens up opportunities to foster curriculum and research to confront global challenges

Find more on <u>www.eu-conexus.eu</u>