## **3MT 3 Minute Thesis**



#### WHAT IS THE 3MT?

The 3-Minute Thesis (3MT®) is a research communication that challenges students to communicate the significance of their projects in just 3 minutes with the aid of a single, static slide.

3MT develops communication skills and supports the development of research students' capacity to quickly explain their research in a language appropriate to a non-specialist audience.

#### PREPARING YOUR PRESENTATION

Remember that you will present it to your colleagues in different fields of studies.

Tell a story with a beginning, middle and an end or break your presentation down into smaller sections. Catch the audience's attention, highlight your different points, and finally summarise your work's importance. Have a clear outcome in mind: your audience should understand what you're doing and why you're doing it.

Academic language can be used, but not too specific so that all participants, regardless of their area of expertise, can understand the presentation.





Jrban Coastal Sustainability



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### USEFUL LINKS ළි

<u>3MT: How To Present Your Research in 3</u> <u>Minutes | PhD Tips</u>

<u>3-Minute Thesis Competition (2020) First-</u> <u>Place Winner Harini Sadeeshkumar</u>

<u>3-Minute Thesis Competition (2021) First-</u> <u>Place Winner Matthew Ellis</u>

How to do a Three Minute Thesis (3MT) or Famelab | Don't make these mistakes!

<u>3MT: three tips to help you prepare a winning</u> <u>presentation</u>

### **BASIC RULES OF 3MT**

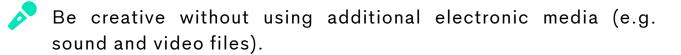


Presentations are limited to 3 minutes maximum.



You can use 1-3 static PowerPoint slides.

You can use schemes or photos without animations or 'movement' of any description.





You want to show us your presentation skills so there is no need to use additional props (eg. costumes, musical instruments, laboratory equipment) are permitted.



Presentations are to be spoken word (eg. no poems, raps or songs).