

3MT 3 Minute Thesis



WHAT IS THE 3MT?

The 3-Minute Thesis (3MT®) is a research communication that challenges students to communicate the significance of their projects in just 3 minutes with the aid of a single, static slide.

3MT develops communication skills and supports the development of research students' capacity to quickly explain their research in a language appropriate to a non-specialist audience.

PREPARING YOUR PRESENTATION

- Remember that you will present it to your colleagues in different fields of studies.
- Have a clear outcome in mind: your audience should understand what you're doing and why you're doing it.
- Tell a story with a beginning, middle and an end or break your presentation down into smaller sections. Catch the audience's attention, highlight your different points, and finally summarise your work's importance.
- Academic language can be used, but not too specific so that all participants, regardless of their area of expertise, can understand the presentation.



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USEFUL LINKS

[3MT: How To Present Your Research in 3 Minutes | PhD Tips](#)







[3-Minute Thesis Competition \(2020\) First-Place Winner Harini Sadeeshkumar](#)

[3-Minute Thesis Competition \(2021\) First-Place Winner Matthew Ellis](#)

[How to do a Three Minute Thesis \(3MT\) or Famelab | Don't make these mistakes!](#)

[3MT: three tips to help you prepare a winning presentation](#)

BASIC RULES OF 3MT

-  Presentations are limited to 3 minutes maximum.
-  You can use 1- 3 static PowerPoint slides.
-  You can use schemes or photos without animations or 'movement' of any description.
-  Be creative without using additional electronic media (e.g. sound and video files).
-  You want to show us your presentation skills so there is no need to use additional props (eg. costumes, musical instruments, laboratory equipment) are permitted.
-  Presentations are to be spoken word (eg. no poems, raps or songs).