WHAT IS THE 3MT?

The 3-Minute Thesis (3MT®) is a research communication that challenges students to communicate the significance of their projects in just 3 minutes with the aid of a single, static slide.

3MT develops communication skills and supports the development of research students' capacity to quickly explain their research in a language appropriate to a non-specialist audience.

PREPARING YOUR PRESENTATION

- Remember that you will present it to your colleagues in different fields of studies.
- Tell a story with a beginning, middle and an end or break your presentation down into smaller sections. Catch the audience’s attention, highlight your different points, and finally summarise your work’s importance.
- Have a clear outcome in mind: your audience should understand what you’re doing and why you’re doing it.
- Academic language can be used, but not too specific so that all participants, regardless of their area of expertise, can understand the presentation.
BASIC RULES OF 3MT

- Presentations are limited to 3 minutes maximum.
- You can use 1-3 static PowerPoint slides.
- You can use schemes or photos without animations or 'movement' of any description.
- Be creative without using additional electronic media (e.g. sound and video files).
- You want to show us your presentation skills so there is no need to use additional props (e.g. costumes, musical instruments, laboratory equipment) are permitted.
- Presentations are to be spoken word (e.g. no poems, raps or songs).